

# school silkwood

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## Hosts an Evening with Barbara Arrowsmith-Young

### Changing Brains, Exploring a New Reality

Neuroplasticity and Learning



*A presentation by:*

**Barbara Arrowsmith-Young**,  
Founder of the Arrowsmith Program  
Author of the International Bestseller  
*The Woman Who Changed Her Brain*






Barbara Arrowsmith-Young is recognized as a pioneer, as the creator of one of the first applications utilizing the principles of neuroplasticity to overcome learning disabilities.

‘Barbara’s story...is truly heroic, on par with the achievements of Helen Keller.’ *Norman Doidge, M.D., author of The Brain That Changes Itself*

‘It will open your mind to new possibilities on how to deal with ‘traffic jams’ in the brain.’ *Alvaro Fernandez, Sharp Brains*

‘Arrowsmith-Young explains some of the most complex neurological concepts in a personal and breathtakingly simple way.’ *Sarah Barmak, Globe and Mail*

### Why Attend?

-  Find out about Barbara’s journey of discovery, the lines of research she combined and the outcomes achieved over 40 years
-  Appreciate the range of cognitive ‘glitches’ leading to learning challenges and begin to see behaviour through a cognitive lens
-  Learn how learning difficulties do not need to be lifelong
-  Get insight into the principles of neuroplasticity and the factors leading to brain change
-  Hear about the latest research into neuroplasticity, learning and Arrowsmith’s innovative educational approach



### Event Details:

**Date:** March 10 2020

**Time:** 6:30 - 8:00pm  
followed by book signing

**Location:** Silkwood School  
39 Shepherd Hill Lane  
Mt Nathan QLD 4211  
(High School Campus -  
Y9/10 space)



Register here  
for this event