



## Presents an Evening with Barbara Arrowsmith-Young

# Changing Brains, Exploring a New Reality

Neuroplasticity and Learning



*A presentation by:*

**Barbara Arrowsmith-Young**,  
Founder of the Arrowsmith Program  
Author of the International Bestseller  
*The Woman Who Changed Her Brain*

Barbara Arrowsmith-Young is recognized as a pioneer, as the creator of one of the first applications utilizing the principles of neuroplasticity to overcome learning disabilities.

### Why Attend?

- ✓ Find out about Barbara's journey of discovery, the lines of research she combined and the outcomes achieved over 40 years
- ✓ Appreciate the range of cognitive 'glitches' leading to learning challenges and begin to see behaviour through a cognitive lens
- ✓ Learn how learning difficulties do not need to be lifelong
- ✓ Get insight into the principles of neuroplasticity and the factors leading to brain change
- ✓ Hear about the latest research into neuroplasticity, learning and Arrowsmith's innovative educational approach



**Arrowsmith  
PROGRAM**  
Strengthening Learning Capacities®

'Barbara's story...is truly heroic, on par with the achievements of Helen Keller.' *Norman Doidge, M.D.*  
*author of The Brain That Changes Itself*

'It will open your mind to new possibilities on how to deal with 'traffic jams' in the brain.' *Alvaro Fernandez, Sharp Brains*

'Arrowsmith-Young explains some of the most complex neurological concepts in a personal and breathtakingly simple way.' *Sarah Barmak, Globe and Mail*

### Event Details:

**Date:** February 17, 2020

**Time:** 7.00 - 8.30pm  
followed by book signing

**Location:** St. Catherine's Primary School  
Holy Trinity Parish  
14 - 28 Fletcher Street  
Moorabbin VIC 3189



Register here for  
this free event